

Your Uniform

The traditional Taekwondo uniform was designed to allow you comfort and durability during your training. It is called a dobok and is worn proudly by all students of Taekwondo.

Dress When in Class - The complete taekwondo uniform is to be worn by students in every class unless a special dress day (such as T-shirt Day) has been previously announced. It is the student's (not their parent's) responsibility to bring his or her uniform, belt and other items such as sparring gear to every class in order to be prepared to take part in all activities planned by the instructor. **No jewelry is to be worn during class or other "dress out" occasions.** We do not wear shoes while training in the dojang.

Testings, Tournaments, and Other Formal Occasions - Only the traditional white uniform is allowed for these occasions. This uniform should have the Choong Sil Taekwondo Federation patch on the left-hand side and any appropriate rank striping for 1st Degree Black Decided and above.

Care of Your Uniform - Your uniform should always be clean, neatly pressed, and in good repair. Use only Non-Chlorine bleach when laundering your uniform as chlorine bleach will reduce its life. **Never wash your belt!**

Patches - The Choong Sil Taekwondo Federation patch is always worn on the left-hand side of your uniform. Check with your instructor *before* adding any other patches to your uniform, and he will show you where to wear them.

Colored Belt Uniform
(Through 1st Degree Recommended)

1st Degree Black Decided



7/6" BLACK STRIPING

